

Coldwater



Coldwater Wednesdays Ongoing

Free blood pressure
and blood sugar screening.

Held the first Wednesday of every month,

Sponsor: Burnside Senior Center
Location: Burnside Senior Center,
Coldwater, MI
diabetesinmichigan.org



Coldwater Grocery Shopping Tours Mondays - Ongoing

Stroll through a grocery store with a Registered Dietitian and Certified Diabetes Educator and learn how to read food labels, make healthy choices, and an opportunity to ask all those questions you have wanted answers to. No Charge!

Sponsor: Southern Michigan Diabetes Outreach Network (SODON)

Location: Varies. Call SODON at 517-279-2267 or 800-795-7800 for a location near you.

diabetesinmichigan.org